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520.247.1155

[WildcatTaekwondo@comcast.net](mailto:WildcatTaekwondo@comcast.net)  
[www.WildcatTaekwondo.com](http://www.WildcatTaekwondo.com)

Dear Masters, Instructors, and Coaches,

It is my great pride and pleasure to invite you and your student competitors to the Wildcat Taekwondo Championship '09. It is my goal to make this tournament as friendly as possible for the athletes and their families. I am confident that we will work together to make this event as fair and fun as possible for all the students who compete in the championship.

I have attended, competed in, refereed in, and coached in dozens of Taekwondo tournaments, large and small, local, and national, over the last decade. So I am keenly aware of what it takes to make a tournament a good one. Towards that end, we are providing:

- **A large modern gymnasium with ample seating and good viewing**
- **Matted full size rings and Ringmaster electronic scoring and large scoreboards**
- **IRs and trained judges and referees**
- **A matted holding and warm up area**
- **Affordable entry fees and low ticket fees**

No matter what their skill level, all your players will find fair matches: we'll have everyone from my new white belt students to Number 5 in the world Johnny Nguyen competing!

We ask that your school please provide at least two referees for the tournament. We will provide the two refs with a free hotel room! We will also provide food and drink throughout the day. Teen and young adult black belts who referee can also compete, and do so for half price. Referee's children can also enter for half price. For others who need to stay overnight, we have negotiated discount rates at nearby hotels. Tucson hotels are in high demand in the fall, so we urge you to book your room as soon as possible if you need to stay the night. We will also provide free hotel rooms for Masters or Instructors who bring over 12 competitors.

Please encourage your students to pre-register: it will save them money and will allow us to preplan the day as much as possible.

Sincerely,

Coach Scott Meyer  
Wildcat Taekwondo



## **TAEKWONDO**

**CHAMPIONSHIP '09**

**OCTOBER 3<sup>RD</sup> 2009**

**TUCSON, ARIZONA**

## **IRONWOOD RIGDE HIGH SCHOOL**

**2475 W Naranja Dr 85742-9733**

- GOLD, SILVER & BRONZE MEDALS FOR FORMS AND SPARRING
  - SPACIOUS GYMNASIUM WITH SEATING AND VIEWING
    - MATTED RINGS
  - ELECTRONIC SCORING WITH LARGE SCOREBOARDS
- SPECTATOR ENTRY ONLY \$2.00
- ONE EVENT ONLY \$50, ONLY \$10 FOR A SECOND EVENT (IN ADVANCE)
  - \$10 LATE REGISTRATION FEE AT THE DOOR
  - REGISTRATION 8 AM, COMPETITION STARTS 9AM

*FOR FURTHER INFORMATION CONTACT:*

**COACH SCOTT MEYER  
WILDCAT TAEKWONDO  
5250 E PIMA ST STE 101  
TUCSON AZ, 82712  
520.247.1155**

[WILDCATTAEKWONDO@COMCAST.NET](mailto:WILDCATTAEKWONDO@COMCAST.NET)  
[WWW.WILDCATTAEKWONDO.COM](http://WWW.WILDCATTAEKWONDO.COM)

# WILDCAT TAEKWONDO CHAMPIONSHIP COMPETITION RULES

## Sparring Rules:

The sparring rules are the sparring rules of the WTF and USA Taekwondo for Olympic Taekwondo. The following special section of the Competition Rules regarding head kicks shall apply:

### 1. Ages 11 & Under Color Belts

The rules concerning a kick to the face shall be as follows:

- Any technique contacted to the head area which does not make any injury, will be given a warning by the referee.
- Any technique, which makes injury with the head area, will result in a one-point deduction by the referee.
- If the competitor cannot continue because of the injury to the head area, the attacker will be disqualified.

NOTE: Inability to continue because of fright, crying or loss of will following a kick to the head which did not cause injury does not constitute grounds for disqualification of the attacker.

### 2. Ages 6-13 Black Belts, 12-17 Year Old Color Belts

The rules concerning a kick to the face shall be as follows:

- The competitor is allowed to kick to the facial area; however, the kick must be light contact with absolute control without causing any injury or excessive contact, or the appropriate penalty shall be invoked.
- The competitor who executes a successful technique (light contact without causing any injury) shall be awarded **two points**.
- The competitor who executes a kick to the face which results in a minor injury shall receive a one-point deduction. A minor injury is defined as abrasion or bleeding caused by non-excessive contact. The referee, with or without consultation with the tournament physician, shall determine if the abrasion or bleeding is a minor injury, and if the attack is a non-excessive one.
- The competitor who executes a kick to the face which results in the inability of the opponent to continue sparring because of injury shall be disqualified. The referee, with or without consultation with the tournament physician, shall determine if the attack is an excessive contact, and if the injury is a major one.

NOTE: Inability to continue because of fright, crying or loss of will following a legal kick to the head which did not cause injury does not constitute grounds for disqualification of the attacker.

#### *(Guideline for Officiating)*

Excessive contact to the facial or head area:

Even in the absence of visible injury, such as slight bleeding or abrasion, the referee may deem the contact to be excessive, and declare the appropriate penalty.

Three-point scores for head contact shall not be awarded under Junior Sparring Safety Rules.

Under Junior Sparring Safety Rules, the referee should NOT give an 8-count for ANY technique, even a legal one, to the head area; if a kick is powerful enough to warrant an 8-count, it should be considered excessive, and the appropriate penalty should be declared. However, the referee can and should begin an 8-count for a legal kick to the trunk area that results in a knockdown condition; in this case.

### 3. 14-17 Year Old Black Belts, 18 and older

Current WTF International Olympic adult rules shall apply for these divisions.

## TIME LIMITS FOR SPARRING DIVISIONS

AGE	# OF ROUNDS	TIME LIMIT	REST PERIOD
4 -9 YEARS	2	1 MINUTE	30 SECONDS
10 -13 YEARS	3	1 MINUTE	30 SECONDS
14-17	3	2 MINUTES	30 SECONDS
Adult	3	2 MINUTES	30 SECONDS

## SPARRING BELT RANK AND WEIGHT CATEGORIES

**NOTE: Belt ranks and weights may be combined to provide the players with competition experience as fairly as possible. If a bracket of 4 or more cannot be made within a belt rank and weight category, the tournament organizers and referees will make bracketing determinations based on players' weights and belt ranks and ages. Players must state their current belt rank, age and weight on the entry application. BLACK BELTS MUST WEIGH IN.**

## SPARRING AGE DIVISIONS

4-5 YEARS  
6-7 YEARS  
8-9 YEARS  
10-11 YEARS  
12-13 YEARS  
14-17 YEARS  
18 & OLDER

The age of player is the player's age on October, 3<sup>rd</sup>, 2009, the date of the competition.

## EQUIPMENT STANDARDS

Dobok – All contestants must wear a Taekwondo V-neck uniform or dobok. Black belts must wear black collared uniforms. Color belts must wear white collared uniform (color belts cannot wear black collared uniforms).

Gloves - 14-17 year old and Senior Black belts are required to wear taekwondo gloves. Gloves may be red, blue, or white. If the competitor chooses to wear red or blue gloves, they must correspond with the chest protector. For all other divisions, taekwondo gloves are optional and must comply with the above rule. Large foam karate gloves are not permitted.

Kneepads and Elbow pads -- The use of kneepads and/or elbow pads is OPTIONAL as long as they are the same material (foam, cloth, or vinyl) as the shin or instep protectors. Any color will be allowed.

Mouth Guard – All athletes are REQUIRED to use a mouth guard. A mouth cover may be used for those with braces if an orthodontist's note is provided prior to the beginning of competition. Mouth guards may be any color.

Properly fitting Headgear – All participants must provide their own red, blue or white headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.

Properly fitting Chest Protector – All athletes must provide their own red and blue **full body WTF chest protector**. Trunk protector (hogu) must cover valid scoring area, armpit to hip bone. All chest protectors must wrap around and cover the back of the athlete in the valid scoring area.

Protective Cup – All male athletes are **REQUIRED** to wear a protective cup inside the pants during competition. This is optional for female athletes.

Shin & Instep protection – Shin and instep protectors are **REQUIRED** and they must be made of foam, cloth or vinyl products. The shin and instep protector may be red, blue, or white, but must correspond with your chest protector. If you choose to wear an instep pad, it must be taped on and it must cover the area from the base of the toes, over the top of the instep with no more than two layers of tape. Large foam karate booties are not permitted.

Forearm guard – Forearm guards are **REQUIRED** and it is mandatory that athletes get foam, cloth, or vinyl products. Any color forearm guard will be allowed.

## FORMS INFORMATION

Forms will be divided by belt rank, weight, age and gender. Gender may be combined at the discretion of the organizers and officials to create fair and competitive divisions. The Official forms for this competition will be those recognized by USA Taekwondo and the World Taekwondo Federation. Competitors from schools who do not use official WTF forms or wear official WTF Belts will be permitted to perform their current belt rank form, and will be judged against the official forms impartially.

<b>BELT RANK</b>	<b>GUP</b>	<b>TAEGEUK</b>	<b>PALGWE</b>
YELLOW BELT	7 <sup>th</sup> & 8 <sup>th</sup> Gup	1 & 2	1 & 2
GREEN BELT	5 <sup>th</sup> & 6 <sup>th</sup> Gup	3 & 4	3 & 4
BLUE BELT	3 <sup>rd</sup> & 4 <sup>th</sup> Gup	5 & 6	5 & 6
RED BELT	1 <sup>st</sup> & 2 <sup>nd</sup> Gup	7 & 8	7 & 8

### BLACK BELT FORMS

<b>Dan/Poom</b>	<b>Form</b>
1 <sup>st</sup>	Koryo
2 <sup>nd</sup>	Keumgang
3 <sup>rd</sup>	Taebaek
4 <sup>th</sup>	Pyung Won

## COMPETITOR ENTRY FORM

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Gender: M F

Address: \_\_\_\_\_

City: State: Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

School/Club Name: \_\_\_\_\_

Instructor/Coach: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on 10/3/2009: \_\_\_\_\_

Belt Level: Yellow \_\_\_\_ Green \_\_\_\_ Blue \_\_\_\_ Red \_\_\_\_ Black \_\_\_\_ Competition Weight: \_\_\_\_\_

Please check which event you are applying for: Sparring \_\_\_\_\_ Forms \_\_\_\_\_

Hotel Stay? Yes \_\_\_\_ No \_\_\_\_ Which Hotel? \_\_\_\_\_

### EVENT FEES:

**One event, Forms or Sparring:** \$50 if received by September 30, 2009; or \$60 at the door

Second event only \$10 with first event:

**Both Forms and Sparring:** \$60 if received by September 30, 2009; or \$70 at the door

Half Price for those who also referee or whose parent referees (Must be black Belt 14 or older)

(Make checks out to Wildcat Taekwondo) Total enclosed: \_\_\_\_\_

For officials' use only:

Competitor \_\_\_\_\_

Type of Payment \_\_\_\_\_

Total Paid \_\_\_\_\_

Hotel \_\_\_\_\_

**CONSENT FOR MEDICAL TREATMENT**

I, \_\_\_\_\_, consent to medical treatment for athletic related injuries/illnesses by USA TAEKWONDO Medical Personnel and hired or retained Medical Personnel and /or Hospital Medical Staff at any USA Taekwondo Sanctioned Event. I authorize treatment by such personnel in the event of injury or illness. This care includes but is not limited to: preventative taping and padding; first aid treatment of injuries and illnesses; medication for illness or injury treatment, including over-the-counter medications such as ibuprofen or acetaminophen; emergency care of injuries, which may include use of a backboard and cervical collar; suturing, splinting or casting of wounds/injuries on site or in medical treatment facility; chiropractic adjustments and care; acupuncture treatments; use of AED, injected medications, oxygen or IV to stabilize an athlete's condition on site or in route to a medical treatment facility; and any other medical and/or life-sustaining treatment deemed necessary for athlete to continue competition or deemed by medical personnel to be in the best interest of the health and well-being of the athlete.

\_\_\_\_\_  
(Athlete's Signature) \_\_\_\_\_ (Date) \_\_\_\_\_

As a parent or legal guardian of \_\_\_\_\_, who is under the age of 18, I hereby authorize medical treatment in the event of an injury or illness as outlined above for \_\_\_\_\_ while he/she is participating in a USA TAEKWONDO event by a member of USA TAEKWONDO Medical Personnel and/or Hospital Medical Staff.

\_\_\_\_\_  
(Parent/Guardian Signature) \_\_\_\_\_ (Date) \_\_\_\_\_

**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT**

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against USA Taekwondo and for its states and district associations, this athletic meet, its organizing committee, Wildcat Taekwondo, Martial Arts of Tucson, Ironwood Ridge High School, the United States Olympic Committee, the World Taekwondo Federation, and all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet. I understand that all entry fees are nonrefundable.
- I understand the nature of USA Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that USA Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.
- If the minor child or I fail to show up at the athletic meet, for any reason, I knowingly forfeit this competition and all applicable registration fees. I further understand that any pictures taken of the minor child or I in connection with this athletic meet may be used by USA Taekwondo, Wildcat Taekwondo, or Ironwood Ridge High School for publicity or promotion without compensation.
- I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect

\_\_\_\_\_  
Participant's Printed Name                      Participant's Signature                      Date

\_\_\_\_\_  
Parent/Guardian's Printed Name                      Parent/Guardian's Signature                      Date

## REFEREE ENTRY FORM

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Gender: M F Age: (if < 18) \_\_\_\_\_

Address: \_\_\_\_\_

City: State: Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

School/Club Name: \_\_\_\_\_

Belt Level: Red \_\_\_\_\_ Black \_\_\_\_\_ Dan/Poom \_\_\_\_\_ USA Taekwondo Certification? Y N Level? \_\_\_\_\_

Referees get to share a *free* hotel room with a second referee the night before the tournament and get a free lunch the day of the tournament! Any ref who also wishes to compete can compete for half price as well. There will be a referee seminar which will be *free* the night before the tournament. We will call you with details and you can call us at 520.247.1155. A USA Taekwondo certification / upgrade may be possible for those who are interested, but there would be a charge for that, so let us know if you are interested.

We will have IRs to educate and refresh refs and lead the rings. We would like every school to provide at least two referees to ensure the fairness and impartiality of the tournament. As Wildcat Taekwondo is a small USA Taekwondo Club, there will be virtually no home field advantage at this tournament! Utilizing referees from all the participating schools, and having the IRs will make the tournament judging as fair and competent as possible for the competitors.



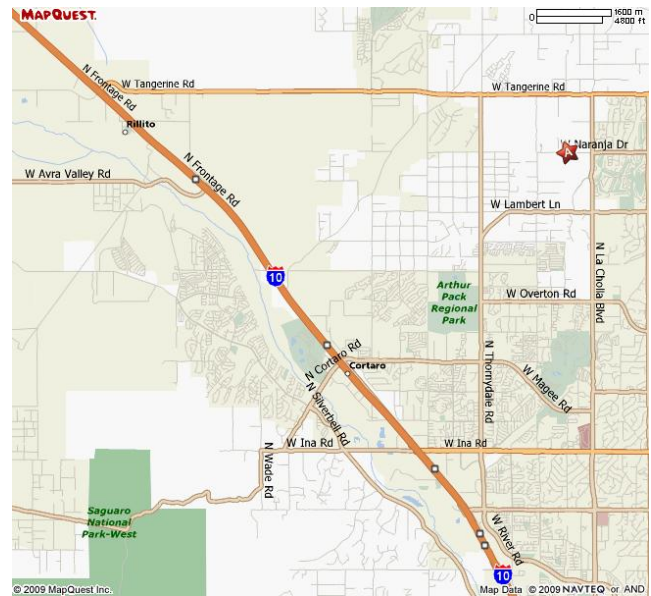
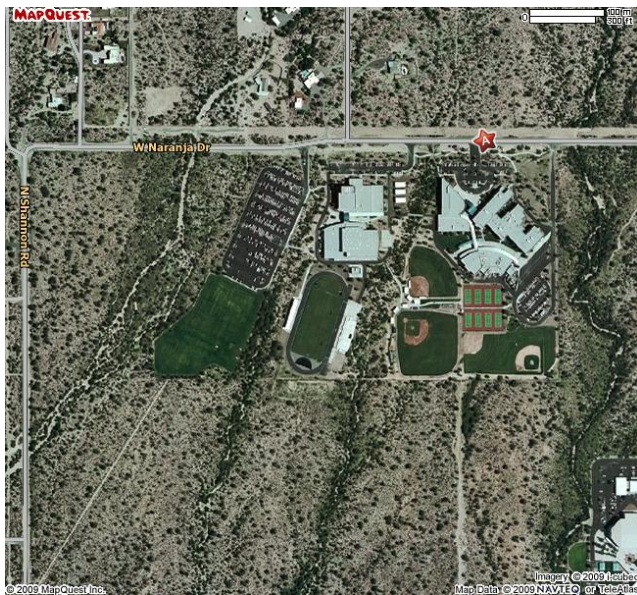
Coach Scott Meyer  
USA Taekwondo Level 1 Coach

## VENUE

The venue is on the far Northwest Side of the Tucson metro area off the Tangerine road exit, 25 miles closer and 45 minutes closer to the Phoenix metro area than central Tucson.

Ironwood High School Gymnasium  
2475 W Naranja Dr  
Oro Valley, AZ 85742-9733

The gym is the large building furthest southwest on campus. Most parking is west of the gym. Take I-10 to the Tangerine Road Exit 240 and head East one mile to La Cholla Blvd. Turn South on La Cholla ½ mile to Naranja. Turn West on Naranja and the school will be on the South Side. The furthest west entrance leads to parking and the gym.



## HOTELS

Most hotels in Tucson in the fall run well over \$100 but we have negotiated these rates at the nearby hotels:

Holiday Inn Express & Suites  
10150 N. Oracle Rd  
Oro Valley AZ 85737  
\$89.99 Group Rate Includes full breakfast buffet;  
Mention "Wildcat Taekwondo Championships"  
520-202-4000

This is the closest hotel to the tournament.  
From the hotel go North .9 to 1<sup>st</sup> Ave and turn left or west and go .8 to Naranja and turn left again and continue 3.5m to IRHS.

Hilton El Conquistador Resort  
10000 N Oracle Rd  
Oro Valley, AZ 85737  
520-544-5000  
\$129.00 Group Rate Mention "Wildcat  
Taekwondo Championships"

This is the nicest Hotel near the tournament.  
From the hotel go North 1.1m to 1<sup>st</sup> Ave and turn left or west and go .8m to Naranja and turn left again and continue 3.5m to IRHS.

I need to know as soon as possible if you or anyone affiliated with you wished to stay here. Please let me know at 520.247.1155.

Super 8 Marana  
8351 N Cracker Barrel Rd  
Tucson, AZ 85743

\$59.99 Group Rate Mention "Wildcat  
Taekwondo Championships"  
520-572-0300

This is the least expensive hotel I contracted with on the northwest side. It is 9 miles from the venue, however. From the hotel, enter I-10 at Cortaro and head northwest to the Tangerine exit 240 and exit and head east one mile to La Cholla Blvd. Turn South on La Cholla ½ mile to Naranja. Turn West on Naranja and the school will be on the South Side.

4930 W Ina Rd  
Tucson, AZ 85743

\$69.99 Group Rate Includes breakfast buffet;  
Mention "Wildcat Taekwondo Championships"  
520-579-7202

This is one of the hotels at Ina and Oracle, a Red Roof Inn and a Travelodge are there as well. These are a bit further from the venue. Enter I-10 at Ina and head northwest to the Tangerine exit 240 and exit and head east. one mile to La Cholla Blvd. Turn South on La Cholla ½ mile to Naranja. Turn West on Naranja and the school will be on the South Side.

Comfort Inn North

Please contact me as soon as possible with information as to which hotel and what nights you and your students and families will use as I have contractual deadlines and must release room that are not booked in the near future. Specifically, if you are or are not interested in the higher end nice more expensive Hilton Resort I need to know that as soon as possible.

This tournament will feature full size Olympic mated Rings and Ringmaster Electronic Scoring. We hope to make it as friendly for the athletes and spectators as possible, and your help doing so is greatly appreciated.

If you need to make extra copies of pages 6, 7, & 8, -- the competitor and referee entry forms-- please do so for your students and parents. I will be mailing hard copies of this packet to you shortly. We may have online registration as well, and I will advise you of that option if and when it becomes available.

Thank you,

Scott Meyer  
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